



Rescue Rhythm: Essential CPR Skills- Save Lives

DATE:28/09/2024



**BALAJI FOUNDATION TRUST
TIRUPATI SCHOOL OF NURSING
SHARDA MANDIR SCHOOL CAMPUS,
SALATWADA,VADODARA**

***“Push to save: One skill,
countless lives”***



TIRUPATI SCHOOL OF NURSING

Managed By: Balaji Foundation Trust

Unit of Tirupati group

Shardamandir School campus, salatwada, Vadodara



Email:

Ph.:0966203934

Date: 28-09-2024

Report : CPR TRAINING PROGRAM

Held On: 10/10/2023 (9.30 am to 1.00 pm)

Objectives:

1. To provide hands-on training on performing CPR effectively.
2. To educate participants about the science behind CPR and its role in saving lives.
3. To develop confidence among nursing students to respond swiftly and appropriately in emergency situations.
4. To familiarize participants with the use of Automated External Defibrillators (AEDs).

Chief Patron : Shri Dharmesh Patel Sir (Chairman, Tirupati Group)

Patron : Shri Girish Patel Sir (Secretary, Tirupati Group)
Shri Sunil Patel Sir (Trustee, Tirupati Group)

Attendees : Principal (Tirupati School Of Nursing), Faculties,
Nursing Students

Event Co-Ordinator : Prof. Mallika Vhora



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About the Activity

Introduction: On 28/09/2024, the Red Cross Society conducted a comprehensive Cardiopulmonary Resuscitation (CPR) training program at Tirupati School of Nursing. The program aimed to equip nursing students with essential life-saving skills, enhance their readiness to handle emergencies, and raise awareness about the critical importance of timely intervention during cardiac arrests. The event was coordinated by teaching faculties of Tirupati School of Nursing.

- Event was started from Deep Pragtya.

Structure of the Program: The training program was divided into three main segments:

1. **Theoretical Session:** The session began with an introduction to the fundamentals of CPR, delivered by experienced trainers from the Red Cross Society. Topics included:
 - Anatomy and physiology of the cardiovascular and respiratory systems.
 - Recognition of cardiac arrest and respiratory emergencies.
 - Overview of the "Chain of Survival" concept.
2. **Practical Demonstrations:** Trainers demonstrated the correct techniques for performing CPR on adult, child, and infant mannequins. They also explained the proper use of AEDs. Key aspects covered included:
 - Proper hand placement and compression depth.
 - Rescue breathing techniques.
 - Steps to operate an AED effectively.
3. **Interactive Hands-On Practice:** Participants were divided into small groups to practice CPR techniques under the guidance of trainers. Feedback and individual attention were provided to ensure proper technique and adherence to guidelines.

Key Highlights:

- The program was attended by 150 nursing students and 38 faculty members.
- Trainers shared real-life scenarios and experiences to illustrate the importance of CPR.
- Participants engaged in Q&A sessions to clarify doubts and enhance their understanding.
- Certificates of participation were awarded to all attendees.



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Impact and Feedback: The training program received overwhelmingly positive feedback from participants. Students expressed increased confidence in their ability to respond to cardiac emergencies. Faculty members appreciated the Red Cross Society's initiative in bridging the gap between theoretical knowledge and practical application.

Conclusion: The CPR training program conducted by the Red Cross Society was a resounding success, achieving its objectives of imparting life-saving skills and raising awareness about emergency response. The event underscored the need for such programs to be an integral part of healthcare education. Moving forward, similar initiatives should be organized regularly to ensure that nursing students remain well-prepared for real-world challenges.